ATHLETICS MALTA NEWSLETTER – ISSUE 6 – NOVEMBER 2025
Keeping you informed on developments, achievements, and upcoming events in Maltese athletics.

Event Highlights

Balkan Athletics Marathon Championships, 5th October 2025.

Simon Spiteri put in an outstanding performance at the prestigious Balkan Marathon, held in Skopje, North Macedonia, finishing 9th overall out of 448 participants. Competing against some of the region's best athletes, Simon also placed 5th among runners from Balkan countries, showcasing his incredible endurance and skill. The event, renowned for its challenging course and scenic route along the Vardar River, attracts top runners from across the Balkans and beyond. Simon's remarkable result highlights his dedication and the growing prominence of the marathon in the regional sporting calendar.

European Masters Championships, Madeira 2025, Portugal (9–19 October 2025)

A dedicated team of Maltese Masters athletes proudly represented Malta at the European Masters Championships held in Madeira.

Lisa Marie Bezzina claimed a brilliant bronze medal in the 10,000m, while **Charlton Debono** delivered a strong performance to earn the silver medal in the half marathon. **Dario Mangion** set a new national record in his category, further raising the bar for Maltese Masters athletics.

Meanwhile, Christopher Bezzina and David Bezzina both produced impressive results, contributing to an outstanding collective showing from the Maltese contingent.

Their participation not only highlights the growing presence of Maltese athletes on the European Masters stage but also serves as an inspiration for the next generation of runners back home

Valencia Half Marathon, 26th October 2025.

Dillon Cassar stormed to a new personal best of 1:05:43, securing the second-fastest time ever recorded by a Maltese athlete and finishing an impressive 64th out of nearly 30,000 runners.

📌 ORGANISATIONAL UPDATES

Meeting with Club Presidents:
Reminders: Club Meeting: Next Meeting 18th November 2025

🔄 Ongoing facilities Works & Projects

Flood lighting: Through a government grant, the upgrading of the flood lighting system has finally been completed and successfully commissioned. This improvement means that, in addition to having more evenly distributed lighting for training purposes throughout the year, we now also have a setting which increases the lighting intensity all around the track and specifically on the finish line area, which can support the use of the photo finish. We thus can finally schedule competitions later in the day during the hot summer months avoiding the peak heat.

Drinking fountains: EWA has also confirmed that we have been allocated 2 drinking fountains for installation at the track. These will be maintained by the contractor for a period of 5 years. Works are ongoing for the necessary preparations for their installation.

Bridges, lift and CCTV cameras: Planning Authority has just confirmed a grant to us for the completion of the works at the track relating to the installation of the bridges and lift which will finally provide proper accessibility for all our facilities. Additionally, this substantial grant will also provide for the installation of CCTV cameras to improve security at our facility. Tenders will now need to be prepared for these works.

Access control: The access control using a mobile app is also progressing well. This is a bespoke system and once finalized should serve the needs of the association, whilst providing easier controlled access for all our members

Greening: In collaboration with Project Green, we are actively seeking ways to better green our facility. We hope to provide further updates in the months to come.

Maintenance works: We envisage starting some general maintenance works at the track. We will try and plan these in a way that does not affect the use of the facility.

National Team Training camps:

Work on the technical side has continued steadily over the past months, with a comprehensive series of training camps planned from September through to the end of 2025. The following camps have been confirmed or are envisaged during this period:

- Youth Training Camp – Malta: 5–7 September 2025
- Throws Training Camp – Ascoli: 30 September – 7 October 2025
- Training Camp – Formia: 10–15 October 2025
- Pole Vault (PV) Training Camp – Malta: 31 October – 2 November 2025
- Throws Training Camp – Malta: 20–23 November 2025
- Training Camp – Formia: 21–26 November 2025
- Pole Vault (PV) Training Camp – Malta: 28–30 November 2025
- Training Camp – Malta: 12–16 December 2025
- Throws Training Camp – Malta: 18–21 December 2025

This extensive schedule demonstrates the ongoing and expanding technical development program currently being implemented. The initiative will be further strengthened in the coming months through the youth athlete development program, which Athletics Malta intends to pursue in preparation for the 2027 Commonwealth Youth Games.

Athletics Malta remains committed to ensuring that this major international event will leave a lasting legacy for our young athletes, fostering continued growth and excellence within the local athletics community.

Road Running League

Road Running League: 1st Leg – 26 October 2025

Gabriel Farrugia and Roberta Schembri kicked off the National Road Running League in style, dominating the opening 10km race held in Marsascala and hosted by Pembroke Athleta.

Over 230 athletes took part in this first leg of the six-race series. Farrugia, making his debut for Żurrieq Wolves, stormed to victory in 31:46, ahead of Aidan Tanti (32:01) and Charlton Debono (33:00). In the women's race, Roberta Schembri of Evolve Endurance Club led the field with an impressive 37:48, followed by Rosalie Borg Cauchi (39:38) and Isaura Camilleri (39:59).

With these strong performances, Żurrieq Wolves take an early lead in the male and mixed team standings, while Pembroke Athleta edge ahead in the women's team category by just a single point.

The second leg of the Road Running League will take place on 9 November 2025, featuring a 5km race in Żabbar, hosted by La Salle AC.

📢 **Important Information for Athletes & Clubs**

The track and field season is about to begin, with the first of seven multi-event competitions for the U12 and U14 categories taking place on 8 November 2025.

Clubs are encouraged to observe registration deadlines and motivate their young athletes to take part in this exciting opening event.

A kind reminder that the €20 athlete licence fee should be sent to Athletics Malta before the opening of entries. This will help ensure a smooth and efficient registration process for all participants.

🌍 Upcoming Competitions

🗓️ Upcoming Competitions – December

🗓️ December 6 (Saturday)
TF U12/U14 Young Athletes TF Multi-Meet 2

Track & Field U12/U14 Young Athletes Multi-Meet
🗓️ December 13 (Saturday)
Joe Gerada Memorial

🗓️ December 14 (Sunday)
Road – European Cross Country Championships (EAA)

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Stay connected. Stay inspired.