ATHLETICS MALTA NEWSLETTER – ISSUE 5 - OCTOBER 2025
Keeping you informed on developments, achievements, and upcoming events in Maltese athletics.

📌 ORGANISATIONAL UPDATES

The Association is strengthening its collaboration with clubs through a series of regular meetings. The first meeting, held on 23 September, provided an overview of upcoming projects and addressed important topics such as the creation of subcommittees and proposed statute amendments.

The full presentation of the meeting is attached to this newsletter. Next Meeting 18th November 2025

🌟 Event Highlights

World Championships Tokyo - 13-21 September 2025

Malta was proudly represented at the World Athletics Championships in Tokyo (13–21 September 2025) by Jared Micallef, our sole competing athlete. Jared contested the men's 800m, finishing 7th in his heat with a time of 1:46.62, ranking 44th overall. Also present in Tokyo was our Treasurer, Darren Micallef, who attended official World Athletics meetings as part of his duties, further strengthening Malta's presence on the international stage.

📆 Road Running League

The **Road Running League** is about to get underway, with the first race scheduled for **26 October 2025** in Marsascala – the *Pembroke Athleta Run for Mental Health (10km)*. This marks the start of an exciting season that will see athletes from across Malta competing in a series of races, combining sporting challenge with community spirit. We look forward to witnessing strong performances, great sportsmanship, and enthusiastic participation throughout the league.

Important Information for Athletes & Clubs

All participants must be registered with an affiliated club and hold a valid 2025–2026 Athletics Malta licence (except Masters athletes over 35, who may register individually with a license). Clubs are required to submit bulk entries, and strict deadlines apply:

- **12 Sept – 18 Oct 2025**: Entries for all six races.
- **27 Oct – 2 Nov 2025**: Entries starting from Race 2.
- **10 Nov 2025 – 11 Jan 2026**: Entries starting from Race 3.

A **€50 fee** (registration €30 + license €20) covers entry to the National Championship races on 18 January and 19 April. Fees are non-refundable. Athletes must also register separately with the respective race organisers for the other four races. All Road Running League athletes will be classified separately and must wear the official Athletics Malta BIB number during events.

Upcoming International Competitions

Balkan Athletics Marathon Championships, 5th October 2025.

Simon Spiteri has been officially selected to represent his country at the Balkan Athletics Marathon Championships, scheduled for 5th October 2025 in Skopje, Northern Macedonia. He will be accompanied by Mr. Ivan Razhnov, who will provide guidance and support throughout the competition. This selection highlights Simon's dedication and outstanding performance in long-distance running

Ongoing Works & Projects

- Official funding application for bridge works being prepared.
- Ministry for Energy support:
    - Clean-up works ☑
    - Floodlight upgrades ⚡ (to be concluded this week)
    - PV feasibility study ◌ (ready by early October)
    - Exploring installation of a potable drinking fountain 🚰
    - Exploring greening projects 🌱 at the facility
- Parliamentary Secretary for Public Works confirmed continued assistance, with several small facility projects under consideration.

✨ Youth Training Camp

Athletics Malta recently hosted a **Youth National Team training camp** at the Mediterranean College of Sport, successfully bringing together 25 talented athletes aged 14 to 16. The camp was led by six local coaches and supported by two Italian technical consultants, Professor Antonio Laguardia and Professor Renzo Roverato, providing young athletes with expert guidance and development opportunities.

More: Athletics Malta Youth National Team Training Camp



📅 Upcoming Training Camps

The **National Team training camps** will continue with an exciting lineup of sessions aimed at enhancing athletes' performance and preparation. The first camp, focused on discus throwers, is scheduled to take place from 30th September to 7th October in Ascoli. Following this, the second camp is planned in Formia from 10th to 15th October for a number of sprinters and distance runners. Both camps promise to bring together top talent, experienced coaches, and specialized support, ensuring that the National Team is well-prepared and motivated for the season ahead.

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Stay connected. Stay inspired.